SKJOLDEHAMN HOOD
TUTORIAL
by Kristine Risberg
Step-by-step tutorial

1. Start by drafting a pattern with your preferred measurements. Piece A will be folded along the length to make up the length and depth of your hood and pieces B and C, which are used as gussets in the front and back of the hood, will make out the width.

2. Cut out your three pieces. If you want the hood lined, cut identical pieces in a second fabric. Use a woolen thread drawn from your fabric's warp or separate a thread in a matching color.

3. Pin all three pieces together, doubled with the second fabric. Try on the hood to adjust the size if needed before stitching the pieces together using a running stitch with a 1.5 cm seam allowance. Leave the lower hem and facial opening unsewn. Fold the top edges inwards and sew them together with whipstitches. If your hood is line with a second fabric you fold the top edges of both the inner and the outer fabric inwards and sew them together with a running stitch.
4. Press the sewn seams before trimming down the inner seam allowance to a mere 0.5 cm. This way, you can fold the outer seam allowance over the inner one and sew with overcast stitches.

5. Fold both inner and outer fabric around the facial opening inwards with a 1.5 cm seam allowance and stitch together with whipstitches. Either you can use the same wool thread as on the rest of the hood or you can recreate the (somewhat questionable) embroidery around the facial opening (see illustration below). If so; use a red thread to sew whipstitches on the right-hand side of the facial opening, running from the bottom over the top of the hood and down 15 cm on the left-hand side, before being replaced by a yellow thread which continues to the bottom.

6. If the fabrics are fine, lightweight or tends to fray you should fold the inner and outer fabric of the edges around the hood inwards and sew together with running- or whipstitches.

If the fabrics are thick you can whipstitch the edges without folding the hem.

7. To add the distinct angled seam at the top and back of the hood, try the hood on and pin along your head, approx. 22-27 mm from the top. The curve should be deeper at the front than the back. This is the curve along which you sew a running stitch.

8. To add the head cords sew on a four strand (in a clockwise spiraling pattern) braid string on each side of the head below ear-height, long enough to reach and tie behind your neck or under your chin.
Lastly, the golden thread that decorates the back of the hood can be sewn on with slanting basting stitches (see below).